

MASCOT 0.4

FOR STAFF ONLY	UR Number: _____ JAID (ACSO): _____ Surname: _____ Given Name: _____
	DOB: ____/____/____ Completed by client at (circle/complete): Intake Ax. / No. of Sessions _____

This questionnaire is for people who are in treatment, or who may be referred to treatment, for their drug and/or alcohol use. The questions are designed to help you and your counsellor/case worker understand more about how you feel about your drug and/or alcohol use and about treatment, and how ready you are to make changes.

You should answer the questions according to how you feel right now, even if the questions are about things you may be asked to do in the future, such as attending treatment sessions or completing treatment activities.

		Not at all true for me	Not very true for me	Somewhat true for me	Mostly true for me	Definitely true for me
1	My drug and/or alcohol use has contributed to problems in my relationships	1	2	3	4	5
2	The main reason I would attend treatment is because other people think I need it	1	2	3	4	5
3	I can't enjoy life without drugs and/or alcohol	1	2	3	4	5
4	People are right when they say my drug and/or alcohol use is or has been a problem	1	2	3	4	5
5	Using drugs and/or alcohol stops me from achieving my best	1	2	3	4	5
6	To benefit from treatment I need to attend every session	1	2	3	4	5
7	To benefit from treatment I need to do all of the activities the counsellor recommends	1	2	3	4	5
8	My drug and/or alcohol use is part of who I am now, and I can't change that	1	2	3	4	5
9	For me there are more bad things about using drugs and/or alcohol than good things	1	2	3	4	5
10	I am open to the advice/support that a counsellor can offer me about my drug and/or alcohol use	1	2	3	4	5
11	I don't feel I can commit to reducing or quitting my drug and/or alcohol use	1	2	3	4	5
12	To benefit from treatment, it is important to practice the skills I learn in treatment sessions	1	2	3	4	5
13	To benefit from treatment, it is important to discuss my drug and/or alcohol use openly and honestly in counselling/group sessions	1	2	3	4	5
14	Using drugs and/or alcohol has made my life worse	1	2	3	4	5
15	Reducing/quitting my drug and/or alcohol use is too much effort for me right now	1	2	3	4	5